



# BORIS CHERNIAK CHt RHt

- Inspiring motivation & resilience
- Anxiety and stress relief
- Improving morale and mental health
- Creating a positive mindset
- Humorous, entertaining & interactive

**"Boris never ceases to amaze!"**  
**Howie Mandel**

## PRESENTATION TOPICS

**Program Your Mind for Success**  
Boris provides a simple method to program your mind for success that leads to a path of happiness and productivity.

**You Can Do Anything**  
Author of a book that bears the name of this program, this unique and interactive presentation shows ways to overcome challenges and discover untapped potential.

**Mental Health Toolbox \*VIRTUAL\***  
Stress relief, positivity, inspiration and tools to cope with anxiety in an interactive online presentation.

## ABOUT

Boris gets people to tap into their creativity to positively impact lives and achieve goals. He has appeared on *Maury*, *The Robert Irvine Show*, *The Howie Mandel Show*, *The Vegas Show*, *Comics*, *The Casino* and at *Just for Laughs Festival* and Boston Comedy Festival. Boris has entertained troops in Afghanistan and inspired attendees at Women Global Leaders Conference in Dubai.



**For events that require "something out of the ordinary"**